**Multiple Intelligence:** Eight Ways to Be Talented

Read each statement. Record your rating for each statement below the corresponding number on your summary booklet. Use the following rating scale:

**1 (not at all like me) to 5 (definitely me)**

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| **Verbal / Linguistic** |
| 1. I like puns and other play on words. 3  2. I enjoy doing crossword puzzles and playing games like Scrabble. 3  3. I remember things exactly as they are said to me. 2  4. I like to take part in debates and discussions. 2  5. I prefer long and short written answers over multiple-choice responses. 3  6. I enjoy keeping a journal and/or writing stories and articles. 3  7. I like to read. 4 |

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| **Logical / Mathematical** |
| 1. I work best at an organized work area. 3  2. I enjoy math and/or science. 3  3. I keep a “things to do” list. 2  4. I enjoy brainteasers and games such as Jeopardy and Clue. 1  5. I like to ask “why” questions about issues and concerns. 2  6. I quickly grasp cause-and-effect relationships. 1  7. I am good at estimations. 2 |

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| **Visual / Spatial** |
| 1. I understand what colours work well together. 5  2. I enjoy solving jigsaws, mazes, and/or other visual puzzles. 4  3. I read charts and maps easily. 3  4. I have a good sense of direction. 2  5. I like to watch movies. 5  6. I have very vivid dreams. 4  7. I can anticipate the moves in a game plan (e.g. “hockey sense”). 1 |

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| **Interpersonal** |
| 1. I interact well with people. 5  2. I enjoy team sports rather than individual sports. 4  3. Being around people energizes me. 3  4. I like group activities better than ones I do alone. 5  5. I enjoy learning about different cultures. 4  6. I usually talk over my personal problems with a friend. 2  7. I enjoy sharing my ideas and feelings with others. 3 |

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| **Intrapersonal** |
| 1. I am a private person, and I like my private inner world. 3  2. I have a few close friends. 5  3. I have strong opinions about controversial issues. 4  4. I work best when the activity is self-paced. 2  5. I am not easily influenced by others. 4  6. I understand my feelings, and know how I will react to situations. 4  7. I understand that I am responsible for my own behaviour. 5 |

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| **Bodily / Kinesthetic** |
| 1. I like to move, tap, or fidget when sitting. 2  2. I participate in extreme sports (snowboarding, mountain biking, etc.). 1  3. I tend to touch objects to examine their textures. 3  4. I am well coordinated. 4  5. I like working with my hands. 3  6. I prefer being physically involved to sitting and watching. 3  7. I understand better by doing (touching, moving, interacting). 3 |

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| **Musical / Rhythmic** |
| 1. I play music in my head. 4  2. I make up rhymes to remember things. 1  3. It is easy for me to follow the beat of music. 3  4. I like setting songs and poems to music. 2  5. I keep time when music is playing. 3  6. I can hear an off-key note. 2  7. I feel proud of my musical accomplishments. 5 |

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| **Naturalist** |
| 1. I have a collection (e.g. shells, mugs, rocks, hockey cards). 5  2. I notice similarities and differences in trees and flowers. 3  3. I am actively involved in protecting the environment. 3  4. I enjoy digging for artifacts and finding unusual items. 2  5. I like planting and caring for a garden. 5  6. I enjoy fishing and tracking. 5  7. I learn best when I can go on field trips – outdoors, or to museums. 4 |

\*\*\*Add up the ratings/points for each type of intelligence to determine your top intelligences.

Verbal / Linguistic- 20, Logical / Mathematical- 14, Visual / Spatial- 24, Interpersonal- 26, Intrapersonal- 27, Bodily / Kinesthetic- 19, Musical / Rhythmic- 20, Naturalist- 27